

Million Metre Marathon Challenge

50 Half Marathons

In 60 days

On a Concept II Indoor Rower



Hello everybody, my name is Mark Wilkinson, I am 44 and a local physiotherapist. I recently started physiotherapy with a 9yr old girl who broke her neck last year in Skipton. Her name is Annabel Young (Bel). Tragically, last year Bel was playing in a friend's garden when she fell from a climbing frame, like most kids do, only this fall was severe and left Bel with a badly damaged spinal cord. She is out of hospital but is now tetraplegic and ventilated from her wheelchair or bed.



She is a very brave and confident little girl but as she grows she will require specialist help and equipment in order to lead as independent a life as possible. All this is very costly and much of the equipment needs replacing year on year as Bel grows.

Here's how you can help.

Over the next few months, beginning the 2nd July 2011, I will be attempting to row 50 half marathons on a Concept II rower. I would be very grateful for any sponsorship for undertaking this task on behalf of the '**Being Bel Trust**'

Thank you very much in anticipation of your support.